

Little Ridge Intermediate November 28 December 2 & December 5- 9, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
28 Pizza Crunchers, Steamed Carrots, Roasted Broccoli, Canned Pineapple, Pudding Cup *Chef Salad *Wildcat Snack (Lunchable)	29 Baked Fish, Mozzarella Cheese Sticks, Green Beans, Orange Slices, Choc Chip Cookie *Chef Salad *Wildcat Snack (Lunchable)	30 Chili or Chicken & Sausage Gumbo, Brown Rice, Grilled Cheese Sandwich, Crackers, Canned Pears * Chef Salad *Wildcat Snack (Lunchable)	1 Chicken Tacos, Pinto Beans, Shredded Cheese, Tomatillo Salsa, Cabbage, Tomatoes, Canned Peaches, Reg. Salsa, Taco Sauce *Chef Salad *Wildcat Snack (Lunchable)	2 Hamburger on WG Bun, Cheese, Baked Fries, Baked Beans, Lettuce, Tomato, Onions, Pickles, Apple, Lite Mayo, Ketchup, Mustard *Chef Salad *Wildcat Snack (Lunchable)
Chicken & Biscuit, Cereal, Peaches, Milk	Mini Blueberry Pancakes & Syrup, Cereal, Apple Juice, Milk	Yogurt & Blueberry Muffin, Cereal, Orange Slices, Milk	Ham, Egg, Cheese Wrap, Cereal, Orange Juice, Milk	Sausage & Biscuit, Cereal, Applesauce, Milk
5 Hamburger Steak w/Gravy, Creamed Potatoes, Green Peas, WG Roll, Strawberry Cup *Chef Salad *Wildcat Snack (Lunchable)	6 Cheesy Chicken & Rice, Steamed Carrots, Green Beans, WG Breadstick, Canned Peaches *Chef Salad *Wildcat Snack (Lunchable)	7 Chili or Chicken & Sausage Gumbo, Brown Rice, Grilled Cheese Sandwich, Crackers, Canned Pears *Chef Salad *Wildcat Snack (Lunchable)	8 Pizza, Steamed Carrots, Steamed Broccoli, Canned Pears, Choc Chip Cookie *Chef Salad *Wildcat Snack (Lunchable)	9 Hot Wings w/WG. Roll or Baked Corn Dog, Baked Fries, Ranch Dip, Baby Carrots, Choc. Bear Cookie, Apple, Ketchup, Mustard *Chef Salad *Wildcat Snack (Lunchable)
Sausage & Biscuit, Cereal, Peaches, Milk	Mini Maple Pancakes & Syrup, Cereal, Apple Juice, Milk	Chicken & Biscuit, Cereal, Applesauce, Milk	Mini Waffles & Syrup, Cereal, Orange Juice, Milk	Ham, Egg, Cheese Wrap, Cereal, Canned Peaches, Milk

*Low Fat & Fat Free Milk Offered Daily *Lite Ranch & Italian Salad Dressing Available Daily

*Menu subject to change due to shortages

Apples provided by Crow Mtn. Farms

A la carte Items available each day-

Choc. Chip Muffin 0.50 cents

Hot Cheetos 0.50 cents

Cheese Doritos 0.50 cents

Cheez-Its 0.50 cents Juice Box 0.50 cents

This institution is an equal opportunity provider.